



### THE PRECHTL'S GENERAL MOVEMENT ASSESSMENT BASIC COURSE

- This three and half day course provides an introduction into Prechtl's Method on the Qualitative Assessment of General Movements in young infants.
- This new assessment method has shown it's merit for the prenatal and postnatal evaluation of the integrity of the nervous system.
- Compelling evidence is now available that qualitative assessment of General Movements (GMs) at a very early age is the best predictor for cerebral palsy.
- This method has become a potent supplement to the traditional kind of neurological examination.

## LECTURES DEMONSTRATIONS AND EXERCISE

- The ontogeny of spontaneous motor activity
- Normal and abnormal GM from birth to 20 weeks post term
- Practical instructions for recording and assessment of GMs
- GM and follow up
- Individual development trajectories and their predictive power for later neurological impairments

The course fulfills the standards specified by the GM Trust.

# WHO SHOULD ATTEND

- Medical Specialists
- Neonatologists
- Physiotherapists
- Occupational Therapists
- Registered Nurses
- Other professionals in the field of infant neurology

#### **Course Details**

**Date:** March 3, 4, 5 & 6 2025 **Venue:** Alexandra Ḥospital

**Time:** 9am - 5pm (3, 4 & 5 March)

9am - 1pm (6 March)
Fees: \$2100 (Exclude GST)



#### **ABOUT THE TRAINER**



Dr Cathy Morgan is a Physiotherapist with PhD in Biomedical Science and has over 30 years in clinical and research experience in the field of Cerebral Palsy Alliance Research Institute, at the University of Sydney. She is part of an internationally recognised team of researchers conducting clinical trials of novel interventions geared to preventing, curing and treating cerebral palsy, early diagnosis of CP, and knowledge translation across the pipeline from bench-to-bedside-to-policy. Dr Morgan is one of two General Movements Trainers in Australia and coordinates a network of clinicians and researchers focused on improving the early detection of cerebral palsy in high risk infants in NSW. Dr Morgan has led the establishment of the first Australian early diagnostic clinic for cerebral palsy in the western suburbs of Sydney through a collaboration with the Children's Hospital at Westmead and Cerebral Palsy Alliance. Dr Morgan is leading a large early intervention RCT in infants with CP as well as an international longitudinal study of 1000 infants with CP. For the CRE Dr Morgan will lead the Early Detection training.

CATHY MORGAN,
PhD, PT, Lead of the General Movements
training for Early Detection, CRE network
Senior Research Fellow, CP Alliance

For registration, visit the following link / QR code: https://for.sg/gma2025

