



Child Development Unit (CDU)

The Division of Developmental and Behavioural Paediatrics is committed to providing family-centred multidisciplinary care for children with developmental, learning and behavioural difficulties.

As Asia's only accredited Brazelton site, we use the Brazelton Touchpoints approach when working with children and their families.

Located in the community at Jurong Medical Centre and Keat Hong Community Club, the Child Development Unit (CDU) serves children from birth to preschoolers below 7 years old, with a range of learning, behavioural and developmental needs.



Our Services

Our specialists provide assessment and therapy for children with the following conditions:

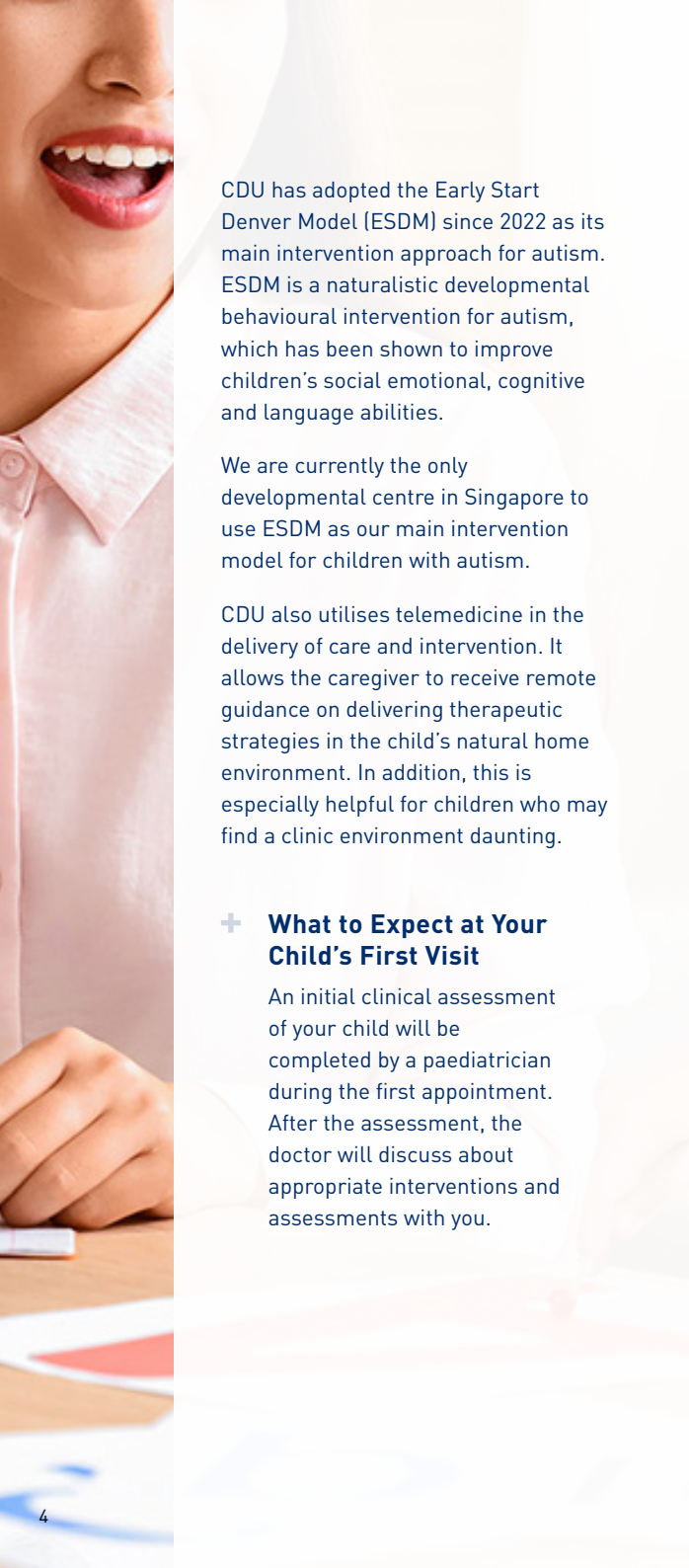
- Developmental delays
- Autism spectrum disorder
- Speech and language disorders
- Attention deficit hyperactivity disorder
- Sensory impairment (hearing and vision)
- Behavioural difficulties
- Learning difficulties
- Sleep difficulties
- Toilet training difficulties
- Anxiety
- Selective mutism

Therapy Services

Our range of therapy services for preschool children include:

- Early Start Denver Model (ESDM)
- Learning support
- Occupational therapy
- Psychological services
- Speech therapy
- Telehealth services
- Parent, caregiver and sibling support
- Group intervention programs





CDU has adopted the Early Start Denver Model (ESDM) since 2022 as its main intervention approach for autism. ESDM is a naturalistic developmental behavioural intervention for autism, which has been shown to improve children's social emotional, cognitive and language abilities.

We are currently the only developmental centre in Singapore to use ESDM as our main intervention model for children with autism.

CDU also utilises telemedicine in the delivery of care and intervention. It allows the caregiver to receive remote guidance on delivering therapeutic strategies in the child's natural home environment. In addition, this is especially helpful for children who may find a clinic environment daunting.

+ **What to Expect at Your Child's First Visit**

An initial clinical assessment of your child will be completed by a paediatrician during the first appointment. After the assessment, the doctor will discuss about appropriate interventions and assessments with you.

Locations

+ **NUH Child Development Unit @ Jurong Medical Centre**

**60 Jurong West Central 3, Level 2,
Singapore 648346**

Opening Hours:

- Mondays to Fridays: 8.30am to 5.30pm
- Closed on Saturdays, Sundays & Public Holidays

+ **NUH Child Development Unit @ Keat Hong Community Club**

2 Choa Chu Kang Loop, Level 3, Singapore 689687

Opening Hours:

- Mondays to Fridays: 8.30am to 5.30pm
- Closed on Saturdays, Sundays & Public Holidays

Should you have any concerns about your child's development, speak with a doctor immediately and/or obtain an appointment with CDU to speak with a paediatrician specialising in developmental and behavioural paediatrics.

For health information and resources relating to child development, visit: <https://www.nuh.com.sg/cdu-resources>
<https://www.nuh.com.sg/cdu>



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