



National University Centre for Women & Children



Child Development Unit (CDU)

The Division of Developmental and Behavioural Paediatrics is committed to providing family-centred multidisciplinary care for children with developmental, learning and behavioural difficulties.

As Asia's only accredited Brazelton site, we use the Brazelton Touchpoints approach when working with children and their families.

Located in the community at Jurong Medical Centre and Keat Hong Community Club, the Child Development Unit (CDU) serves children from birth to preschoolers below 7 years old, with a range of learning, behavioural and developmental needs.



Our Services

Our specialists provide assessment and therapy for children with the following conditions:

- Developmental delays
- Autism spectrum disorder
- Speech and language disorders
- Attention deficit hyperactivity disorder
- Sensory impairment (hearing and vision)

- Behavioural difficulties
- Learning difficulties
- Sleep difficulties
- Toilet training difficulties
- Anxiety
- Selective mutism

Therapy Services

Our range of therapy services for preschool children include:

- Early Start Denver Model (ESDM)
- Learning support
- Occupational therapy
- Psychological services
- Speech therapy
- Telehealth services

- Parent, caregiver and sibling support
- Group intervention programs



2



CDU has adopted the Early Start Denver Model (ESDM) since 2022 as its main intervention approach for autism. ESDM is a naturalistic developmental behavioural intervention for autism, which has been shown to improve children's social emotional, cognitive and language abilities.

We are currently the only developmental centre in Singapore to use ESDM as our main intervention model for children with autism.

CDU also utilises telemedicine in the delivery of care and intervention. It allows the caregiver to receive remote guidance on delivering therapeutic strategies in the child's natural home environment. In addition, this is especially helpful for children who may find a clinic environment daunting.

What to Expect at Your Child's First Visit

An initial clinical assessment of your child will be completed by a paediatrician during the first appointment. After the assessment, the doctor will discuss about appropriate interventions and assessments with you.



Locations

+ NUH Child Development Unit @ Jurong Medical Centre

60 Jurong West Central 3, Level 2, Singapore 648346

Opening Hours:

- Mondays to Fridays: 8.30am to 5.30pm
- Closed on Saturdays, Sundays & Public Holidays
- + NUH Child Development Unit @ Keat Hong Community Club

2 Choa Chu Kang Loop, Level 3, Singapore 689687

Opening Hours:

- Mondays to Fridays: 8.30am to 5.30pm
- Closed on Saturdays, Sundays & Public Holidays

Should you have any concerns about your child's development, speak with a doctor immediately and/or obtain an appointment with CDU to speak with a paediatrician specialising in developmental and behavioural paediatrics.

For health information and resources relating to child development, visit: https://www.nuh.com.sg/cdu-resources https://www.nuh.com.sg/cdu



Notes

About the National University Centre for Women and Children

National University Centre for Women and Children (NUWoC) is a national university specialist centre that aims to empower women, children and their families to lead healthier lives. We provide comprehensive medical and surgical services ranging from pre-conception to child and maternal health.

NUWoC comprises the Department of Obstetrics & Gynaecology (0&G) and Khoo Teck Puat

- National University Children's Medical Institute (KTP-NUCMI) of National University Hospital.

It focuses on the right-siting of appropriate services in the community and builds complementary services in National University Health System's (NUHS) centres of excellence

- Ng Teng Fong General Hospital and Alexandra Hospital.

Through a generous gift from the Estate of Khoo Teck Puat, KTP-NUCMI established an integrated outpatient facility with medical, diagnostic and rehabilitation services for children. We are also the only public specialist centre in Singapore that offers paediatric kidney and liver transplant programmes.

For more information about us, visit www.nuh.com.sg/NUWoC

Children's Emergency (24-hr)

Location NUH Main Building, Zone F, Level 1

Contact +65 6772 5000

KTP-NUCMI

Location NUH Main Building, Zone E, Level 2

(Accessible via Kent Ridge Wing, Zone C, Level 2, Lift Lobby C)

Operating Hours 8.30am – 5.30pm (Mon to Fri), 8.30am – 12.30pm (Sat)

General Enquiry +65 6772 5736 Appointment Line +65 6908 2222

Email ktpnucmi_appt@nuhs.edu.sg

9a Viva-University Children's Cancer Centre

Location NUH Medical Centre, Zone B, Level 9

Operating Hours 8am – 5.30pm (Mon to Fri)

Appointment Line +65 6772 5030

Email cbccappt@nuhs.edu.sg

NUH Children's Urgent Care Clinic @ Bukit Panjang

Location Junction 10, #01-22

Operating Hours 9am – 11pm daily (including public holidays)

General Enquiry +65 6219 1538

Email childrenucc@nuhs.edu.sg

NUH Child Development Unit @ JMC

Location Jurong Medical Centre, Level 2
Operating Hours 8.30am – 5.30pm [Mon to Fri]
Appointment Line +65 6665 2530 / 2531

Email cdu@nuhs.edu.sg

NUH Child Development Unit @ Keat Hong

Location Keat Hong Community Club, #03-01 Operating Hours 8.30am – 5.30pm (Mon to Fri)

Appointment Line +65 6769 4537/4637 Email +65 6769 4537/4637 cdu@nuhs.edu.sg

Clinic A22 NUWoC Children's Clinic @ NTFGH

Location Ng Teng Fong General Hospital Tower A – NTFGH Clinics, Level 2

Operating Hours 8.30am – 5.30pm (Mon to Fri)

Appointment Line +65 6908 2222

Email appointment@nuhs.edu.sq

National University Hospital

5 Lower Kent Ridge Road, Singapore 119074

OneNUHS Hotline: (65) 6908 2222

OneNUHS General Enquiries: contactus@nuhs.edu.sg OneNUHS Appointments: appointment@nuhs.edu.sg

www.nuh.com.sg



Scan the QR code for more information on our patient care institutions.



Scan QR code for more information on NUWoC facilities.

Take charge of your health and access health information and services across NUHS institutions.

Download the NUHS App now!





Scan to download

The information in this brochure is meant for educational purposes and should not be used as a substitute for medical diagnosis or treatment. Please seek your doctor's advice before starting any treatment, or if you have any questions related to your health, physical fitness or medical condition.

©2024, National University Hospital. All rights reserved. No part of this publication may be reproduced or shared without prior permission from National University Hospital.

Information is correct at time of printing (May 2024) and subject to revision without prior notice.